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PROBUZZ...

Monthly Newsletter From

PROBUS CLUB OF CHENNAI

(Sponsored by Rotary Club of Madras)
Regd (148/2004)

An association of Retired Professionals,
Businessmen, Government Servants and others

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**ஈன்றான் பசிகாண்பான் ஆயினும் செய்யற்க
சான்றோர் பழிக்கும் வினை. (குறள் 656)**

ஒருவன் பெற்ற தாய் பசியோடு இருத்தலைக் கண்டு வருந்தும் நிலையில் இருந்தாலும், அது கருதி அறிவுடையோர் பழிக்கக் கூடிய தூய்மையற்ற செயல்களைச் செய்யக் கூடாது.

Though her that bore thee hung'ring thou behold,
no deed Do thou, that men of perfect soul have crime
decreed.

FROM THE PRESIDENT'S DESK



Dear Probians,

Loving Greetings to you
and your family members.

We are witnessing loosening of the terms of lock down and almost all Societies, Clubs and social Organisations have started holding their Annual General Meetings (AGM). In line with them, our Probus Club of Chennai will also hold the AGM on fourth Saturday of November, viz., 27th November, 2021. As the Russian House is still is not opened for outsiders, the same will be held in the Kalyan Nagar Association, West Circular Road, Mandavelipakkam, Chennai - 600 028. The Notice for AGM, Minutes of last AGM, Audited Financial Statements and the proposed Bye-law amendments is also being circulated to all members. I request all of you to make it convenient to attend the AGM. I appeal all the EC participants to contribute ₹500/- per head for the breakfast and the ex-SBI officer

Probians to contribute ₹1,000/- per head as is being done every year. I also appeal to the philanthropic Probians who can donate for the Gift to be given to members in the AGM. However, as the Covid has not vanished, we still have to continue practising SMS (Sanitiser, Masks, Social distancing).

On 02nd October, '21, the first physical function, viz., Probus Walkathon was held at the Eco- Park, Chetpet and I hope starting from December, 2021 we will hold another 6 functions before March, '22.

In the October EC Meeting, which was also the first physical meeting held at the Gopalapuram Boys HSS, it was decided to award the Probus Award of Excellence to Kalaimamani Kizhambur Sankarasubramanian, Editor Kalaimagal and the Probus Recognition Awards to Pn. Gopinathan V (ex-President, IIT Alumni Association) and Pn Mahadevan Mohan, Major Donor. I am hopeful that Elders competitions and the Elders Day function would be held in December month and the Annual Book-2021 would also be released in the function.

The Audited Financial Statements of the club were approved by the E.C. in October.

Mr. J.A.K. Krishna, Stock Trader, NSE was the Guest Speaker for Oct., '21 Zoom Monthly Meeting who used the PowerPoint presentation for his interesting and informative lecture.

The Secretary has already sent letters requesting for photos to all Probians who completed 75, 80 and 90 years of age as well as 50 years of married life in the past two years as no functions were held in 2020-21. I request all Probians who receive the letter to immediately send their photos so that Mementos to them could be prepared for distribution well in time. Steps for organising the Scholarship Distribution Function, Children's Day Function as well as the Cultural Function to welcome the new year 2022 are also initiated.

I request the members who are yet to send their Personal data, to send the same by email to PF

Sadagopan G, Joint Secretary, without any further delay as the publication of the updated Member Directory is delayed.

I sincerely thank the Probians who have sponsored this issue of Probuzz by giving the Strip Advertisements.

With Prayers for Covid19 wave to die down, Rain God favouring us for having a bright sunshine day on the AGM Day to enable us to meet physically enjoying each other's company along with Breakfast and Lunch,

I remain

With regards,
Yours sincerely,

Ranganathan B

President – Probus Club of Chennai

Dear Probus brothers and sisters,

Greetings to all my fellow Probians.

As we finished celebrating Deepavali, the annual monsoon season set in all its majesty and fury – causing severe dislocation in normal life. Many parts of Chennai and other towns and villages in Tamil Nadu as well as precious agricultural lands are inundated by the record rains. These problems, particularly in the cities and towns, could have been minimised to a large extent if only we had sincerely implemented the rainwater harvesting technique. We can only trust and hope that everyone would wake up at least now and do more than lip service to rainwater harvesting.

For the last couple of months, we have been steadily moving out of Covid related restrictions. Educational institutions are also gradually reopening. This has led to renewed debates about the online and offline classes and their relative merits. While these debates and differing points of view will continue, I would like to encourage all fellow Probians to try and experiment with at least one or two free online courses. Such courses are offered by globally reputed academic institutions for free on Coursera, EDx and other similar Internet portals. They offer courses on a wide spectrum of subjects – ranging from language skills to economics and finance, from health and welfare to nuclear wars, etc. The variety of the courses will suit every kind of taste and inclination. Based on my personal experience, I can assure you that you will find this a truly rewarding exercise.

Wish you Happy Probuzz reading,
EDITOR (vijisbi@gmail.com)

SECRETARY'S REPORT



Dear Probians,

My Kind Greetings to all of you, your family members and friends

I hope you had fun eating sweets and lighting Fire Crackers during Diwali, the Festival of Lights. Some states have banned firecrackers, while others have issued guidelines for bursting them. In one of the harshest lockdowns in the world, we retreated into our homes and socially distanced ourselves from each other for the past 18 months. Now that things are getting back to normal, we're holding a physical EC meeting after a long break. Nonetheless, we will follow the SMS guidelines.

Our **EC meeting for October** took place on 16th Oct 2021 at Gopalapuram Boys Higher secondary school, Gopalapuram, Chennai. There were Twenty Probians, including office bearers, executive committee members, and Special Invitees attended. EC member Pbn Mrs Jayashree Kishore recited the Universal prayer. A warm welcome was extended by our President Pbn B. Ranganathan. Having recently been ill, he explained his current condition in detail. He appealed to members to donate liberally for insertion in our Annual Book which will be held in Nov/ Dec 2021. Jt.Treasurer Pbn M. Prabhakar presented the Treasurer's report for September 2021. Audited Balance Sheet as of 31st Match 2021 was discussed among members and it was unanimously approved. President B. Ranganathan proposed holding the AGM along with November's monthly meeting on November 27th 2021, and it was unanimously approved. Joint Secretary PF G.Sadagopan told the members about the Status of the Members Directory's Personal Data collection and promised to complete the task before November 2021. The Publication Subcommittee has recommended and chosen the title "**Probus Way of Enlightened Living**" for the 2021 Annual Book. Our IPP S. Gopalakrishnan and President B Ranganathan Spoke on the status of Annual Book Fund collection. Both assured that the collection would cross Rs.6 lakhs. Editor Pn A. Vijayakumar spoke about Probuzz Newsletter and Web status. Secretary **M. Annadhurai** gave the vote of thanks.

The **October 2021 Monthly** meeting was held on 23rd Oct 2021. **The Guest Speaker** for the meeting was **Mr J A K Krishna**, MBA, Director, Moneykrishna Financial Services, Trading Member, National Stock Exchange*. **The Topic for the meeting was "How to be Rich after Retirement"**. The monthly meeting began with a Universal Prayer by Pbn TV Mrs Lakshmi Natarajan. Probus Anthem was played from a laptop. President **Pbn B. Ranganathan** welcomed the Guest Speaker **Mr JAK Krishna and** other members. Thus far, the collection for the Annual Book has been Rs.5.50 lakhs, and it may reach Rs.6 lakhs. In addition, President also thanked Mrs Maala Venkataram for arranging the Guest Speaker for us for this monthly meeting. He encouraged the members to arrange for Guest Speakers for future meetings. The Guest Speaker was introduced to our Probians by EC member Mrs. Maala Venkataram.

Guest Speaker Mr JAK Krishna began his Speech with a PowerPoint Presentation. Initially, he discussed the current state of the Share Market, Trading, and Mutual Funds. He extensively spoke about inflation. According to him, if your monthly expenditure is Rs.1 lakh now and it will be Rs.648000/- after 25 years. He emphasized the importance of opening SIP accounts, since Bank Deposits are not generating desired interest for Fixed Deposits. Furthermore, he talked about Cryptocurrency, Bitcoin and the importance of nominating a person for all the DMAT accounts. As part of the Question-and-Answer session, Probians asked him questions regarding various aspects of the Stock Market and he answered them to their satisfaction. Birthday babies for October were called out by Secretary and wished a very Happy Birthday to them. Secretary proposed vote of thanks

As a result of the Covid 19 restrictions, we have organized a meeting on the occasion of the **International Day of Elderly** on 4th Nov 2021 through Zoom. The Guest speaker for this event was our Probian and eminent **Cardiologist Prof. V. CHOCKALINGAM M.D. (Med.)** D.M. (Cardiology), F.I.S.E. (IND)F.C.C.P., F.I.C.A., F.A.C.C., (U.S.A.), M.N.A.M.S. (Cardiology), D.Sc., Emeritus Professor, Cardiology. Dr MGR Medical University, Chennai. The Topic was "Mind your Mind" for "Healthy Heart. The Meeting started with a Universal prayer rendered by Pbn Mrs Geetha Viswanathan. The Guest Speaker was introduced by Jt. Sec. PF G. Sadagopan. President Pbn B. Ranganathan welcomed the Guest Speaker and other members.

Dr. V. Chockalingam addressed us with a PowerPoint Presentation. He explained the benefits of exercises, Yoga and Meditation. The members were advised to avoid eating "Full stomach" Food, to leave a gap of at least three hours between dinner and sleep, and never to exercise after a meal. He also suggested we sleep on our left side. Heart attacks are most common between 5 and 8 in the morning throughout the entire world, according to him. Lead a happy life, without stress, and not having negative thoughts, are his advice to everyone. Throughout his speech, he was remarkable and outstanding. Secretary Annadhurai. M Proposed a Vote of Thanks.

In our **Home Visits Programme**, we visit Probians 80 years of age and older in their homes. President Pbn B Ranganathan, Secretary Pbn M Annadhurai, Jt. Secretary PF G. Sadagopan, Jt. Treasurer Pbn M. Prabhakar, EC Members Pbn V Ramaraj and PPP RT. Namasivayam, Pbn GN Tharagaram, Pbn PM. Pandian and Pbn N. Rammohan took part in Home visits. The members visited and greeted our PPP RT. Namasivayam on his 57th Wedding Anniversary Day on 29th Oct 2021. The Home visit team visited Pbn Brig. George Mathew's 86th on 4th Oct, Pbn VR Vaithyanathan's 83rd on 24th Oct, Pbn C. Nagendra Prasad's 92nd on 24th Oct, Pbn Dr DS Ramiah on his 95th on 26th Oct and Pbn C. Chandrasekaran's 94th on 26th Oct 2021 on their Birthdays with Shawl and Fruits. After receiving confirmation from the Probians, the Home visit committee visits them.

The Probus Club Walkathon subcommittee Coordinator Prof S. Radhakrishnan organised the walkathon event at Chetpet Eco Park on 2nd October 2021. Members assembled there at 6.45 am. Water bottles and Biscuits were provided to members. Head caps were given to all and it was sponsored by M/s Kaveri Hospital. Members gave

floral tributes to Mahatma Gandhi. Then people started to walk around the park with enthusiasm & Fun. Totally 28 members participated in the event. Prizes were given to the First nine members for males and Mrs Sasikala Tharakaram won the first prize among women. In the Men's section, Jt. Treasurer M. Prabhakar, Pbn Gn. Tharakaram, Pbn Karthik Dattari Dore won the 1st, 2nd and 3rd Prizes respectively. The consolation prize was awarded to 91-year-old Pbn C. Nagendraprasad. Breakfast was served to all those who took part in the walkathon. Secretary Annadhurai. M proposed a Vote of thanks and we all dispersed at 8.30 am

On the Rewards & Recognition segment, PPP Captain M. Singaraja was commended for his contribution towards Senior Citizen causes by TN Honorable Ministers Shri M. Subramaniam and BK Sekar Babu on 1st October 2021. The event was organized by the TN Govt Medical College Council on the occasion of the International Day of Older Persons. The topic was Digital equity for all ages.

I am thankful to God that no bad news was heard on the **Obituary front** during October.

I urge every Probian to sponsor the entire **Probuzz Newsletter** by donating Rs.5,000/- or at least donate for the advertisements by contributing Rs.800/- for the inner Page and Rs.1,000/- for the first and last Page. Please send articles, jokes, and your home events to our PROBUZZ Editor or me, so that they can be published in our newsletter.

I would like to thank all Probians for their continued support at this time. All the best to you in the coming days.

M. Annadhurai,
Secretary

A Very Happy Anniversary To All Probians Who Have Wedding Anniversaries During This Period

S.No.	WedDay	Name	Spouse	Mem No.
1	01 Dec.	Jagannathan K	Mrs. Pasupathi	L-336
2	01 Dec.	Pandian P.M.	Mrs. Radha Pandian	L-200
3	05 Dec.	Subramanian N.V.	Mrs. Gouri Subramanian	L-343
4	09 Dec.	Vivekanandan M.	Mrs. V. Kalpana	L-278
5	13 Dec.	Hiralal Jethwani	Mrs. Poonam H	L-123A
6	29 Dec.	Balakrishnaiah K.V.	Mrs. Radha	A-004

We Wish A Very Happy Birthday To All Probians having Birthdays in November 2021

S.No.	Bday	Name	Mem No.
1	01 Dec	Kannappan V	L-344
2	01 Dec	Radhakrishnan S. Dr.	L-269
3	01 Dec	Rajagopalan N. Dr.	L-150
4	01 Dec	Nalini Moorthy	L-114
5	02 Dec	Mohan D. Menon	L-199B
6	10 Dec	Bhavani Shankar Joshi V.	L-130
7	10 Dec	Ramaswamy N.	L-085
8	12 Dec	Mirza Ismail A.	A-199
9	12 Dec	Rao B.S. (Bandi Sambasiva)	L-340
10	13 Dec	Ramakrishnan R.	A-190
11	15 Dec	Narayana Babu P.	A-309
12	15 Dec	Ganeshan V.R.	L-010
13	15 Dec	Rangaramanujam K.	A-292
14	17 Dec	Suganthi Premkumar Mrs.	A-291
15	18 Dec	Balasubramanian N	L-301
16	19 Dec	Natarajan S.	A-384
17	20 Dec	Subramanian V.	A-141
18	20 Dec	Indira Ramanathan Dr.	L-116
19	21 Dec	Govindasamy N.	A-350
20	22 Dec	Jamuna Ramasubramanian Dr.	L-070
21	23 Dec	Krishnamoorthy N. Capt.	A-189
22	23 Dec	Gopalakrishnan S.	PF 08-A
23	26 Dec	Pandian G.S.	L-050
24	26 Dec	Sivagaminathan K.	L-151
25	26 Dec	Kothandaraman A.V.	A-281
26	29 Dec	Sivarajan J	L-315

REQUEST FOR QUICK ACTION FROM MEMBERS

Our Member's Directory is being updated. To this end, a "Personal Data" Form was sent to all members. Most of the members have already sent back the completed the "Personal Data" forms to PF Sadagopan G, Joint Secretary.

However, about 100 members are yet to send back the completed forms. This is seriously impacting the printing of the updated Members' Directory. We, therefore, appeal to these members to send the completed "Personal Data" forms immediately. Otherwise, we will have no option but to repeat the data of such members as available in the last published Members' Directory.

S.No.	Name	Amount
A.	AB21-Advt. Colour BackPage Full	
1	Geri Home Care Services P Ltd	25,000.00
B.	AB21-Advt. Colour Front Inner Page Full	
2	Apollo Hospital Enterprises	20,580.00
C.	AB21-Advt B&W HP	
3	Ranganathan B	3,000.00
D.	AB21-Strip Advt	
4	Kalivanan TKS Kalamamani	1,500.00

S.No.	Name	Amount
5	Sivagaminathan	1,500.00
E.	ESS Addl	
6	IPP Rtn Ranjit Pratap	15,000.00
F.	Probuzz Corpus Fund	
7	Jagadisan CD	5,000.00
8	Nagendra Prasad	1,091.00
G.	Probus Walkathon	
9	Ravi S	1,000.00
H.	GRAND TOTAL	73,671.00

RCSC - Deepavali Greetings

On the occasion of Deepavali, Secretary Annadhurai M, VP Ramanathan N and IPP Gopalakrishnan S visited on 2nd Nov, 2021 the Russian House in KasturiRangan Road, Chennai. They offered warm Deepavali Greetings with Sweets and Shawl to Consul General of the Russian Federation to South India Mr. Oleg N. Avdeev, Director Mr. Gennadi Rogalev and Managers Mr. Baskar and Mr. Basha.



Secretary Annadhurai.M, VP N.Ramanathan, IPP S.Gopalakrishnan, offered Diwali Greetings to Vice Consul, Russian House @ KasturiRangan Road



Secretary Annadhurai.M, VP N.Ramanathan, IPP S.Gopalakrishnan, offered Diwali Greetings to RCSC Director, Russian House@ KasturiRangan Road



Secretary Annadhurai.M, VP N.Ramanathan, IPP S.Gopalakrishnan, offered Diwali Greetings to Russian House@ KasturiRangan Road



Secretary Annadhurai.M, VP N.Ramanathan, IPP S.Gopalakrishnan, offered Diwali Greetings Russian House@ KasturiRangan Road



Felicitations to Pn. Brig. George Mathew on his 86th Birthday



Probuc Club E.C. Meeting Held at Gopalapuram Boys Higher Secondary School



Probuc Club E.C. Meeting Held at Gopalapuram Boys Higher Secondary School



Felicitations to Pn Nagendra Prasad who completed 91 years



Pn. V.R. Vaidyanathan completed 82nd years on 24-10-2021



Felicitations to Pn. C. Chandrasekaran on his 94th Birthday



Felicitations to Pn. Dr. Ramaiah on his 95th Birthday



Felicitations to Pn. R.T. Namasivayam on his 56th Wedding Anniversary



Felicitations to Pn R T Namasivayam on his 56th Wedding Anniversary

DATES TO REMEMBER : 27 NOVEMBER 2021

ANNUAL GENERAL BODY MEETING on Saturday the 27th of November 2021 from 08:45 a.m. onwards

VENUE: Kalyan Nagar Association, #29, West Circular Road, Mandavelipakkam-600 028

GUEST SPEAKER: **PPP Ramaswamy T.S. and Pbn Sampath N.R.**

NOTE: Letters to PROBUZZ on matters relating to PROBUZZ may kindly be addressed only to the editor.

Subject: Being a Mom Can Be Tough...

The officer at the driving license counter asked a lady: "What is your occupation?"

The woman, seeking a renewal of her license, seemed to be puzzled, so the officer said: "Ma'am, are you employed, have your own business or..."

"Oh yes!" The woman replied, "I do have a full-time occupation. I am a mother!"

The officer rolled his eyes: "We don't have 'mother' as an option for occupation. I'll write it down as 'housewife'. That takes care of all questions."

This had happened long ago and was forgotten.

Years later, when I (the woman in the story, if you hadn't guessed) went to get my license, the public relations officer was a somewhat pompous woman. "Your occupation?" she asked in a rather authoritative tone.

I just had a moment of inspiration and replied, "I am a researcher in the field of child development, nutrition and inter-personal relationships."

The lady officer stared at me in amazement.

I calmly repeated my statement and she wrote it down verbatim. Then, unable to conceal her curiosity, she politely asked "What exactly do you do in your profession, ma'am?"

I was feeling good about having described my occupation so calmly and confidently. So, I replied "My research projects have been going on for a number of years (mothers NEVER retire).

My research is conducted in the laboratory as well as in the field. I have two bosses (one is god and the other is my entire family).

I have received two honours in this field (a son and a daughter).

My topic is considered to be the most difficult part of sociology. (all moms will agree).

I have to work more than 14 hours every day. Sometimes even 24 hours are not enough and the challenges are tougher than many other professions. My compensation is in terms of mental satisfaction rather than money."

I could see that the officer was thoroughly impressed. After completing the licensing formalities, she came to the door to see me off.

This new viewpoint about my occupation made me feel much better on my way back home.

I was welcomed by my 5-year-old research assistant at the door. My new project (my 6-month-old baby) was energetically practicing her 'music'.

I had earned a small victory over the governmental red tape today. I was no longer merely 'a housewife'. Instead, I was now a highly placed functionary in a service vital to mankind - motherhood!

'Housewife.' Isn't it a great title? Fit to be added to the nameplate on the door?

By this standard, grandmothers deserve to be called senior research officers, and great-grandmothers qualify as 'research directors'. Aunts and other ladies of that age group can be called 'research facilitators'!

Posted on 25 Oct 2021 in "Probus Club Friends Group" by Pn. Chari

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