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PROBUZZ...

Monthly Newsletter From

PROBUS CLUB OF CHENNAI

(Sponsored by Rotary Club of Madras)
Regd (148/2004)

An association of Retired Professionals,
Businessmen, Government Servants and others

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Share your
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various events
in your family
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Sunshine Fund



**அழக்கொண்ட எல்லாம் அழப்போம் இழப்பினும்
விற்பயக்கும் நற்பா லவை. (குறள் 659)**

பிறர் வருந்துமாறு செய்து பெற்ற பொருள் எல்லாம் பெற்றவன்
வருந்துமாறு செய்து போய்விடும், நல்வழியில் வந்தவை
இழக்கப்பட்டாலும் பிறகு பயன் தரும்.

All that has been obtained with tears (to the victim) will depart with
tears (to himself); but what has been by fair means; though with loss
at first, will afterwards yield fruit..

FROM THE PRESIDENT'S DESK



Dear Probians,

Loving Greetings to you
and your family members.

In the EC Meeting,
homage was paid to the
late Probians, viz., Pn
Balagangadharan S (L-298)
and Pn Nathella Anjaneyulu

Chetty (L-270) who left for heavenly abode in Jan.,
2022. Admission of two persons viz., Pn Muralikrishna
and Pn Karuppasamy S Dr. as Life Members was also
approved. Incidentally, the new Members were the
first to join as Life Member by paying the increased
Life Member Fee of ₹10,000/- as approved in the
AGM held on 27 Nov., '22. Also, under the SJSCMBF,
an amount of ₹10,000/- was sanctioned to Sri
Kannappan S of Thankkar Bapa Vidyalaya for his
Hydrocele surgery.

In view of the covid cases spreading fast and
subsequent lockdowns, we could not conduct the
Physical Pongal Day Celebrations and the Monthly
Meeting for Jan., '22. However, we successfully
organised the Zoom meeting in which Pn Comm.
Prem Kumar was the Guest Speaker and the meeting
was lively with Pn Ramana-than N, Vice-President
and Pn Dr. Chockalingam V actively participated.
The meeting was enjoyed by all and members felt
many such meeting should be organised in future.

The number of Covid-19 cases in Chennai have
drastically come down and life is likely to be normal
by mid-February. Hence, we have organised the
**Pongal Day Celebrations cum Monthly Meeting
at the Vinobha Hall of Thankkar Bapa Vidyalaya,
T. Nagar on Sat., 26th Feb., '22.** I appeal to all of
you to come and attend the function. **Shri S.P.
Muthuraman, Tamil Film Director** of longstanding
and repute has **kindly consented to be the Chief**

Guest and the Probus Thirukkural Virudhu will be conferred on Pn Dr. S. Karuppasamy, Pulavar in the function. Cauvery Hospital has given calendars for distribution to members, and these will be available on first come first take basis at the reception.

The Annual Book has been despatched to all members and will also be available for distribution. I appeal to all Members to buy them and sale them or gift them to your family and friends.

We have to organise the Internal Women's Day Function and the Scholarship Distribution Function in the month of March. I appeal to members to recommend, as nominees, the names for the Probus Women Excellence Award along with the photo and bio data as well as their achievement to the Secretary / to PPP PF Gopalakrishnan S.G. / Pn Vijayalakshmi T.V. Pulavar for consideration.

We have been incurring expenses for booking halls for our EC Meeting, BFM, Functions etc. due to non-availability of the Russian House Auditorium for various reasons. We decided to give the remaining AGM-Gifts (3 container Tiffin Carrier) who donate the cost-price of ₹200/- donation to the Club and I am happy to inform you that all members are eagerly contributing to the club for the same. Only a few are left which will again be available at reception on the Pongal Day Function.

I request the members who are yet to send their Personal data, to send the same by email to PF Sadagopan G, Joint Secretary, without any further delay as the publication of the New Member Directory is delayed.

I sincerely thank Pn PF Sreenivas V, who has donated ₹5,000/- and has kindly sponsored this issue of Probuzz in full.

We have recently received the news of the demise of Pn Dr. S. Ponnuswamy (L-071), aged 94 years in his sleep peacefully due to old age on 02 Feb.'22. He is sambandhi of our PPP Namasivayam R.T. He had done research and written a book on Periya Puranam of Chekkizhar and also a veteran of Saiva Siddhantham. He was a regular donor who used to sponsor Breakfast and the various activities of our Club. I pray for his soul to attain the Lotus Feet of Siva.

Expecting you all to make it convenient and grace your presence in our Physical Pongal Day function on Saturday, 26th Feb., '22,

I remain

With regards,
Yours sincerely,

Ranganathan B

President – Probus Club of Chennai

EDITOR'S
COLUMN

Dear Probus brothers and sisters,

Greetings to all my fellow Probians.

We trust you enjoyed going through the January 2022 issue of *Probuzz*. It certainly carried a good number of photo images helping you visualise the Book Release Function.

This issue, apart from our regular features, includes an interesting article received through email from our Secretary Pn. Annadhurai M. All of us, who are in multiple WhatsApp groups, would have by now would have received an overdose of daily inspirational quotes and messages as well as ways to gain happiness. But the emailed article included in this issue gives simple and easy to practice tips for achieving the elusive happiness. We are sure you will find this useful and interesting

We also request our readers to visit our website (www.probusclubchennai.com) and send in their suggestions. All the recent issues of *Probuzz* (up to January 2022) have been uploaded. We have also uploaded additional photos of the recent Book Release Function held on 24th December 2021.

Wish you Happy *Probuzz* reading,

With best wishes,
EDITOR (vijisbi@gmail.com)

SECRETARY'S REPORT



Dear Probians,

Greetings to you, your family and your friends

On Saturday, January 8th, 2022, **the EC committee** meeting took place at 10:35 am in the Library Hall of Gopalapuram Boys Higher Secondary School, Conran Smith Road, Gopalapuram, Chennai - 600 086. The Universal Prayer was recited by Pbn M. Prabhakar. In his welcome address, President Pbn B. Ranganathan informed everyone about upcoming Pongal day events and monthly meetings. He informed that renowned film director Shri SP Muthuraman has agreed to be a guest speaker at the Pongal Day event. The December 2021 treasurer report was read by PF V. Balachander. A discussion took place regarding the Scholarship and Women's Day activities. The update of the members' directory was discussed by the members, and PF G. Sadagopan was requested to complete it as soon as possible. Sec. Pbn M. Annadhurai offered the vote of thanks

The January 2022 monthly meeting was held virtually through Zoom on Saturday 22nd January 2022. **Pbn Commodore RP Premkumar** was the Guest Speaker. The Topic was **"Maritime initiatives of the Indian Navy"**. The meeting started with a Universal prayer performed by Pbn Mrs Geetha Viswanathan. The President welcomed the guest speaker and members to the meeting. He spoke about the Elders Day event as well as the Annual Book 2021. Additionally, he talked about the Pongal Vizha and the scholarship function. The Guest speaker was introduced by Pbn. Maala Venkatram, EC Member. After thanking the President and members, the Guest Speaker gave an interesting lecture on the Maritime Initiatives of the Indian Navy. According to him, India has borders with seven countries, has a coastal line of about 7600km, and is the seventh-largest country in the world, with a total area of about 3 million sq km. In the Indian Navy, there are aircraft carriers, destroyers, frigates, corvettes, and conventional - and nuclear-powered submarines. Additionally, he pointed out that India is the fifth country in the world to have a Deep Submergence Rescue Vehicle. In the meeting, Prof. N. Ramanathan, vice-president with experience in Defence Radar activities, Dr V. Chockalingam, and

other members participated in an interesting and memorable discussion. In general, all members enjoyed the programme and found the question and answer session to be lively, interactive, and valuable.

The Secretary reported that two new members were admitted as Life Members (1) Dr S. Karuppasamy and (2) Shri S. MuraliKrishna in our January 22 EC Meeting. A very Happy Birthday was wished to the January birthday babies who were called out by the Secretary. Secretary Proposed vote of thanks.

On the Silver Jubilee Senior Citizens Medical Fund segment, we have donated ₹10,000/- to Shri S. Kannappan, who works as a senior instructor at the Thakkar Baba Vidyalaya. At Prashanth Hospital in Velacherry, he underwent hydrolysis surgery. He has already spent ₹1,21,624/-. The SJSCMBF Committee has recommended this request for ₹10,000/- Secretary Pbn M. Annadhurai, along with Thakkar Baba Vidyalaya secretary Shri P. Maruthi, handed over to him our cheque.

On the **Obituary front**, it is with deep regret that I inform you of the passing of Pbn Nathella Anjaneyalu Chetty (L270), Chairman of NAC Jewelers, on 11th January 2022, and Pbn KS Subbiah (L169) on 19th January 2022, as well as Pbn Dr S. Ponnuswami (L071) on 1st February 2022

On the Home visit side, during January 2022, President Pbn B. Ranganathan, Secretary Pbn M. Annadhurai, Jt. Sec PF G. Sadagopan, Pbn V. Ramaraj, PPP RT Namasivayam, Pbn N. Rammohan visited Pbn CH Gopinatha Rao on 01.01.2022 on his 88th Birthday and PPP RT Namasivayam on 5th Jan on his 85th Birthday. As a consequence of the third wave of Covid 19, we have stopped visiting our Probians on their birthdays.

We thank our PF.V. Sreenivas for being a sponsor for February 2022 **Probuzz Newsletter** by donating ₹5000/-.

It is requested that every Probian **sponsor the entire Probuzz Newsletter** by donating ₹5,000/- or at least contribute to the advertisements by donating ₹800/- for the inner pages and ₹1,000/- for the first and last pages. We can publish your articles, jokes, and home events in our PROBUZZ newsletter if you send them to our PROBUZZ Editor or me.

Thanks for your continued support, Probians. All the best to you in the coming days.

M. Annadhurai,
Secretary

A Very Happy Anniversary To All Probians Who Have Wedding Anniversaries During This Period

S.No.	Wed Day	Name	Spouse Name	Mem No.
1	01 Mar	Gunasekaran G.	Mrs.Tamil Selvi	L-254
2	02 Mar	Gnanaprakasam N.C.	Mrs. D. Revathi	L-294 (old A-318)
3	04 Mar	Chandrasekaran J	Mrs. Arulmozhi C	L-325
4	04 Mar	Lakshmanan E.R.	Mrs. L. Nagalakshmi	A-322
5	05 Mar	Radhakrishnan S. Dr.	R. Lochana	L-269
6	05 Mar	Geetha Subramanian Dr.	Dr. T. Subramanian	L-194-A
7	07 Mar	Ramanan N.	Mrs. Malathi	L-126
8	09 Mar	Ranganatha Rao S.	Mrs. R. Meera Rao	L-031
9	16 Mar	Uday Kumar N	Mrs. Vijayalakshmi	L-266

We Wish A Very Happy Birthday To All Probians having Birthdays in March 2022

S.No.	DOB	Name	Mem No.	S.No.	DOB	Name	Mem No.
1	01 Mar	Narasimhan K.	L-064	14	14 Mar	Mahadevan A.	L-100
2	02 Mar	Ramachandran N.	A-317	15	19 Mar	Nelson Philip	L-122
3	04 Mar	Dhanaraj A.	A-373	16	20 Mar	Lakshmanan Palamalai	L-280
4	05 Mar	Balakrishnan A	A-303	17	20 Mar	Panchalan K. Dr.	PF-13
5	06 Mar	Parthasarathy M. Dr.	L-147	18	21 Mar	Kavita Rita Valentine	L-283
6	07Mar	Shanmugam P. Justice	A-348	19	24 Mar	Venkoba Rao G.	L-219
7	08 Mar	Arumugam S	L-094	20	25 Mar	Sappani Pillai M	L-276
8	08 Mar	Sugunaraj D.	A-143	21	27 Mar	Somsundaram T.	L-181
9	08 Mar	Viswakumar K	PF-14	22	28 Mar	Esakie Muthammal	L-275
10	10 Mar	Narendran C.C.	L-311	23	28 Mar	Urmila Vaidyanathan Mrs.	L-211
11	11 Mar	Annie Kurian	L-206	24	30 Mar	Subramanian N.V.	L-343
12	11 Mar	Vimala R. Dr.	L-077	25	31 Mar	Chidambaram M.	PF 06
13	12 Mar	Venkatachalam P.R.	L-191	26	31 Mar	Sunder Sankar	L-246

LIST OF DONATION FOR JANUARY 2022

A.	ANNUAL BOOK 2021-ADVT COLOUR INNER FP	
1	Lancor Holdings Ltd	21,000.00
B.	ANNUAL BOOK 2021	
2	Akila Krishnamurthy	295.00
3	Arulswamy (Kolathur)	160.00
4	JAYALAKSHMI DINAKARAN	160.00
5	Kaliamurthy	160.00
6	KRISHNAMOORTHY N.R.	1,200.00
7	Krishnamurthy V	160.00
8	Kuppusamy Senthilkumar	160.00
9	Mahadevan C.H.	120.00
10	Manickam S	300.00
11	Manoharan S	1,100.00
12	Namasivayam R.T.	1,000.00
13	Ramachandra Rao	160.00
14	Raman A.S. (rinivasan)	160.00
15	Ramanathan S (remitter Sankaranaryanan R)	160.00
16	Sankaran M.N. (remitter Arvind MS)	160.00

LIST OF DONATION FOR JANUARY 2022

17	Saranathan V	160.00
18	Saroja P	160.00
19	Somasundaram	160.00
20	Srinivasan	120.00
21	Suganth Subramani	160.00
22	Sundararaman S	160.00
23	Varadarajan C	160.00
24	Venkatachari K	1,160.00
25	Vijay A Chakrapani	160.00
C.	AGM-BREAKFAST	
26	Lakshmi Natrajan	500.00
D.	PROBUZZ CORPUS FUND	
27	Chidambaram S	1,000.00
28	Sreenivas V	5,000.00
E.	SUNSHINE FUND	
29	Gopinatha Rao C.H.	500.00
30	Namasivayam R.T.	500.00
31	Singaraja M Capt	1,086.00
GRAND TOTAL		37,441.00



On 29th Jan 2022 Pn Annadhurai, Secretary, Probus Club, Chennai and Mr. Maruthi, Secretary of the Thakkar Baba Vidyalaya handed over a Cheque for ₹10,000 to Shri S. Kannappan from our SJSCMBF.



On 09.02.22 ₹10,000 was donated on behalf of our club to the Sri Sathyanarayana Charitable Trust, Nanmangalam and Donated for Corona Relief. They are running a old age home as a free service to deserving senior citizens.



On 09.02.22 ₹5,000 was donated on behalf of our club to Smt. Rajeswari Radhakrishnan Charitable Trust, Nanganallur as Corona Relief. They are giving excellent service particularly to visually challenged persons in their studies.



Pn Dr. S. Ponnuswamy 94 years (L-071), left for his heavenly abode in his sleep on 02 Feb 2022 due to old age. He had done research and written a book on Periya Puranam of Chekkizhar and also a veteran of Saiva Siddhantham. He was a regular donor who used to sponsor Breakfast and the various activities of our Club. We pray for his soul's Sivaloga Prapti.

HAPPINESS TIPS FOR THE ELDERLY

(Received through email from **Pn. Annadhurai M**)

DR ANIRUDDHA DEB Psychiatrist "Find new friends if your immediate family is not available. It could be neighbours, the milkman, or pets. Engage in some welfare activity like teaching an underprivileged child"

Connect with people. Irrespective of age, keep company with those who value you as a person, as well as your advice and counsel. Often, elderly people say they feel 'useless' or 'redundant'. One way to fight this feeling is to keep the people who make you feel happy and valued in your life

Remember, you are not alone. Ageing can make one feel separated from others. Make friends among those who are willing to be a part of this stage of your life. In fact, maintain friendships with those who share your concerns and anxieties about old age, while filling you up with positive vibes and energy

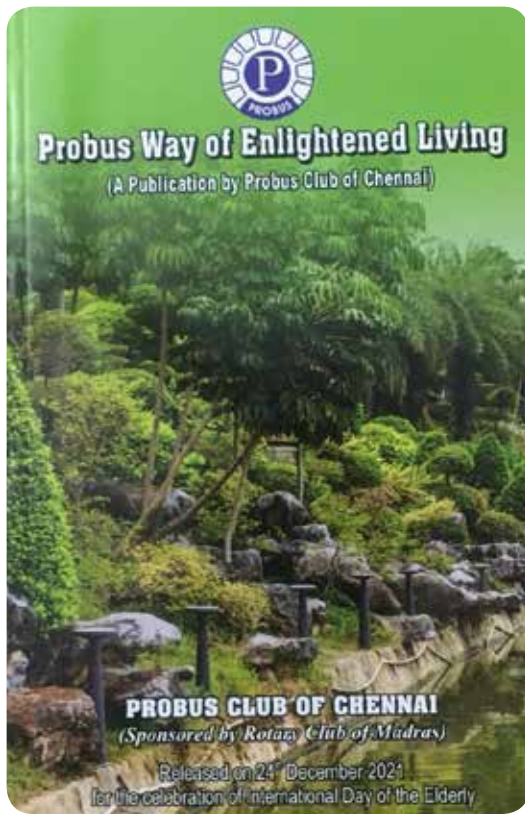
Develop new interests. Pick up hobbies in keeping with your physical condition. You may not be able to be a globe trotter or a trekker anymore, but you can

sustain a love for nature by going for walks or drives in open areas. Hobbies like gardening, or growing your own vegetables can also be a fulfilling experience

Give back to society. Help a child learn to read and write or support your house-help in becoming literate/ learning new skills. Try to help others, especially the underprivileged

Broaden your concept of 'family'. You don't have to be alone, even if your children do not live in the same area as you. Develop strong associations with your neighbours, their children or care-givers and those friends who make you feel like part of the family — **As told to Romita Datta.**





HONOUR THE STAMPS OF TIME

Age is a mathematical problem. There are numbers that need to be tackled. It is not a division sum though, where we are reduced to a fraction of what we once were. It is a multiplier.

You don't have one heartbreak, one breakdown, one true love, one success; you have mountains of them.

Yet we look at our crinkled eyes, creaking knees, the loosening of skin as it detaches from muscles with despair. Instead, we should perhaps learn to honour our lines and folds, our aches, and pains. The equivalent of a general's medals, pinned to our skin, a reminder of all the battles we have survived, and the ones we have won.

By Mrs. Twinkle Khanna

Times of India dated 16th January 2022.

**(Received through email from
Pn PPP Namasivayam RT)**

At a Diplomats' dinner, a waiter accidentally tripped. This fall shattered the beautiful plate in which he was carrying a large turkey.

There was a hushed silence!

Then... a quick-witted Diplomat smoothly announced:

"Gentlemen!

You have just witnessed the happening of 4 major international events:

- ❖ – The Fall of Turkey
- ❖ – The Breakup of China
- ❖ – The Spillage of Greece
- ❖ – The Frustration of Hungary!

The silence immediately turned into a roar of laughter!

*Posted on 21 Feb 2022 in
"Probos Club Friends Group" by Pn. Pranesan A G*



**The current issue of Probuzz Newsletter is sponsored by
PN. PF. SREENIVAS V**

THE ARROGANCE

Posted on 18 Feb 2022 in "Probus Club Friends Group" by **Pn. Sampath**

After travelling long through a forest, Kalidasa reached a village. He felt very thirsty and looked around for water, whereupon he saw an old woman drawing water from a well.

He went up to her and asked her for water. She agreed to give him water, but asked him to first introduce himself, "Who are you? Introduce yourself." (apna parichay do)

Now Kalidasa, who was a renowned and revered scholar of his time, thought that an ordinary and old village woman was not worthy of knowing who great Kalidasa was.

So, he said, "I am a traveler".

But the old lady replied, "No, you cannot be a traveler. In this world there are only 2 travelers – the Sun and the Moon. Both Rise and Set every day and keep travelling perpetually."

Who are you?

Then thirsty Kalidasa said, "Alright then, treat me as a guest."

The lady promptly replied, "No you cannot be a guest, son. In this world there are only 2 guests – Youth and Wealth... both are temporary and do not stay even if you plead with them a million times, and hence can only they be called as guests."

Who are you?

Thirsty but now quite intrigued with the profoundness of this old lady, Kalidasa said, "I am a Tolerant person, mata (sahansheel व्यक्ति)."

Now the old lady replied, "You don't quite look tolerant, young man. In this world only 2 truly know the meaning of Tolerance – Bhoomi (Earth) and Tree. How much ever you stamp the earth or throw stones at the tree (for the fruits), both continue to nurture us."

So, who are you?

With unquenched thirst, Kalidasa was increasingly becoming irritable. He said, "Fine then, consider me a stubborn person (hatavaadi)"

The lady smiled and said, "No my child, you are not that stubborn. There are only 2 truly stubborn personalities our nails and our hair. We keep cutting them non-stop, but they continue to grow."

Who are you?

Kalidasa had been patient so far, but now in anger he said, "Alright, I am a fool".

Now the lady gave a wide smile and said, "There are only 2 kinds of fools in this world a King who rules without having any capability or knowledge & a Minister who is a sycophant to such a King and lavishes praises on such a useless king."

Who are you?

Kalidasa realized that he had been outsmarted by an old illiterate village woman. In complete awe and humility, he fell at the feet of the lady, saying, "O mother! How ignorant I was to think that I know myself. I am ashamed of myself. Pardon my ignorance. Show mercy, and grant me water, I beg of you.

When he touched her feet and then got up, whom did he see?

Mata Saraswati the Goddess of Learning and Wisdom.

She said, "Kalidasa, you are wise. But only if you know yourself do you become a true Manushya (human being). Your ego has overshadowed your achievements. You are educated, but you are also given to arrogance. Hence, I had to come to guide you.

The mark of a true human being is not his knowledge, but his humility. Your intellect and education are of no use, if it only feeds your ego.

DATES TO REMEMBER : FEBRUARY 2022

PONGAL DAY CELEBRATIONS & MONTHLY MEETING will be held on Saturday the 26th of February 2022 from 08:45 a.m. onwards. at **Vinobha Hall of Thakkar Bapa Vidyalyaya, T. Nagar, Chennai 600 017.**

CHIEF GUEST: **Shri S.P. Muthuraman,**
Tamil Film Director

NOTE: Letters to PROBUZZ on matters relating to PROBUZZ may kindly be addressed only to the editor.

வயதானவர்கள் முட்டாள்கள் இல்லை

ஒரு பெண் தன் தந்தையுடன் பேசிக்கொண்டிருக்கும் போது, அவளைக் காண அவளது தோழன் வருகிறான். உடனே அந்த பெண் அவளிடம், நீ பாமுக எழுதிய “அப்பா வீட்டில் இருக்கிறார்” என்ற ஆங்கில நாவலை வாங்க வந்தாயா? என்று கேட்கிறாள். உடனே அவன் அந்த பெண்ணிடம், நான் ஹும்ஸ் எழுதிய “நான் எங்கே காத்திருப்பது உனக்காக” என்ற ஆங்கில நாவலை வாங்க வந்தேன் என்கிறான். மீண்டும் அந்த பெண் அந்த புத்தகம் இல்லை, எனவே நீ என்னிடம் உள்ள கிரிஷ் எழுதிய “மா மரத்துக்கடியில் காத்திரு” என்ற புத்தகத்தை பெற்றுக்கொள். உடனே அவன் அந்த பெண்ணிடம், நாளை பள்ளிக்கு வரும்போது “ஐந்து நிமிடத்தில் உன்னை அழைக்கின்றேன்”

என்ற ரிடெய்ல் மேனேஜ் மென்ட் புத்தகத்தை கொண்டு வா என்கின்றான். உடனே அந்த பெண் அவளிடம் பக்த எழுதிய “நான் உன் நம்பிக்கையை காப்பாற்றுவேன்” என்ற புத்தகத்தையும் கொண்டு வருகிறேன் என்கிறாள். அப்போது அந்த பெண்ணின் தந்தை, அந்த பெண்ணிடம், இவன் இவ்வளவு புத்தகத்தை படிப்பானா? என்று கேட்கிறார். அதற்கு அந்தப் பெண் ஆமாம் அப்பா, அவன் மிகவும் அறிவும், புத்தியும் மிகுந்தவன் என்று கூறுகிறாள். உடனே பெண்ணின் தந்தை கூறுகிறார். நீ அவனுக்கு ராபின் ஷர்மா எழுதிய “வயதானவர்கள் முட்டாள்கள் இல்லை” என்ற புத்தகத்தையும் மறக்காமல் கொடு என்கிறார்...

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