

www.probusclubchennai.com



# PROBUZZ...

Monthly Newsletter From

## PROBUS CLUB OF CHENNAI

(Sponsored by Rotary Club of Madras)  
Regd (148/2004)

An association of Retired Professionals,  
Businessmen, Government Servants and others

Donate Liberally  
for scholarship  
fund and  
avail 80G  
Concessions

Share your  
happiness of  
various events  
in your family  
by donating to  
Sunshine Fund



### துணைநலம் ஆக்கம் தருஉம் வினைநலம் வேண்டிய எல்லாந் தரும். (குறள் 651)

ஒருவருக்குக் கிடைக்கும் துணைவர்களால்  
வலிமை பெருகும்; அவர்களுடன் கூடி ஆற்றிடும்  
நற்செயல்களால் எல்லா நலன்களும் கிட்டும்.

The efficacy of support will yield (only) wealth; (but) the  
efficacy of action will yield all that is desired.

## FROM THE PRESIDENT'S DESK



Dear Probians,

Loving Greetings to you  
and your family members.

As you are aware, in the  
second wave of Covid19,  
Tamil Nadu had the highest  
number of cases and,  
in Chennai it was scary.

The Government imposed lockdown from May  
beginning, which is being progressively relaxed with  
the incidence of Covid19 coming down recently. As  
all the private establishments were closed, we could  
not bring out the May, 21 issue. Hence, we decided  
to bring out this issue as a combined one for May  
and June, 21.

We contributed ₹10,000/- to the Tamil Nadu  
Chief Minister's Relief Fund immediately and I  
**had appealed for generous contribution to the  
PROBUS COVID RELIEF FUND from members. I**

**am sure you will all be contributing for our Covid  
Relief Fund so that we can carry out "Covid Relief  
operations" as was done last year.**

We paid homage in the EC meetings and Monthly  
ZOOM Meetings to the demise of six of our members  
during April and May, 21, viz., Pn Shivagnanom  
S.V.(L-196); Pn Krishnan N Rtn. (L-089); Pn Vanajakshi  
V.K. Dr. (L-218), Pn K Desikan (L-017; Dod-25Apr,21) Pn  
PCP Radhakrishnan (L027), Pn S.Prabhakaran (L303).  
The resignation of Pn Nagendra Babu, (A-389) due  
to illness was accepted.

Kalimamani Kizhambur Sankarasubramanian, S,  
Editor, Kalaimagal Tamil Monthly Magazine of repute.,  
was the first Guest Speaker of the new Team in the  
April Monthly Zoom Meeting. He spoke fluently and  
everyone applauded his speech when he compared  
the various colours with our thoughts and feelings.  
Dr. Nilofur Banu of Vijaya Health Centre, Vadapalani  
was the Guest Speaker in May, 21 Monthly Zoom

Meeting and she spoke on vaccination to prevent Pneumonococcal infections. As she had to leave midway due to emergency call from ICU, Probian Chockalingam V Dr., heart specialist took the space, made it lively by interacting with members, actively quoting anecdotes and incidences, and clarifying all their doubts. He appealed to members not to take the Covid lightly and wanted all to avoid going out and observe **SMS** strictly (**S**oap/**S**anitiser, **M**ask and **S**ocial distancing) even if they had two doses of vaccine.

Two Digital Literacy and Security Zoom Meetings were organised spearheaded by Pn Badri C, Vice President. On 19th April, Shri Rajendran V of IDRBT of RBI, Digital Security Council of India spoke on "Senior Citizens & Cyber Security," which was well received. On 15th May, Sri S. N. Ravichandran, M.D. of Nilgiris Chemical Stoneware P Ltd., Life Member of Cyber Society of India & Data Security Council of India, Trainer on Cyber Crimes & Economic offences for Tamilnadu & Pondicherry Police, delivered a lecture on Seniors, Smart Phones and Digital Security. This was also well received. He stressed the need to have a separate Bank account with only a little money to do online transactions in order to avoid the on-line tricksters and fraudsters and to prevent heavy loss of hard earned money. More than 50 members attended each lecture.

In the April, 21 EC meeting, various sub-committees were formed, the details of which will be printed in the next Newsletter. It was also decided to temporarily stop the admission of Probus Fellow and Patron members till such time the Byelaw Committee submits its report and it is passed in EC and the AGM in the next few months. In the May, 21 EC Meeting, **Sri Pranesan A.G.** (dob: 07-04-1944) Retd. Chief Engineer, TWAD Board, Vice-President of the Probus Club of Madras South, Besant Nagar was admitted as a Life Member. Incidentally, Pn Pranesan sponsored the April 21 issue of Probuzz Newsletter.

Members are requested to send their Personal data immediately to the PF Sadagopan G, Joint Secretary who has sent it to you all with a self-addressed stamped envelope. Only about 50% have

responded and may be due to Corona, many of you are not able to post it and I now request you to note to send the details by Post or else by email to him without any delay.

Last year due to Corona, no functions were held and Annual Booklet publication was also missed. Hence, in this issue, we are also giving an appeal inviting articles / write-ups for the Annual Booklet to be released this year. I request you and through you to your friends to come forward and send articles to Pn Ramaswami P.P. Dr or the Secretary before 31st July, 2021.

We have only a few suggestions from members for revamp of our Bye-laws and the Byelaw sub-Committee is seized of the matter. I, once again, **appeal to each of you to apply your mind and send in your suggestions to the Secretary / Joint Secretary or me immediately**, for the Scholarship Revamp Committee so that the Committee could deliberate on your suggestions and recommend suitably for **revamping the Educational Scholarship Scheme**.

In right earnest we started visiting as a group Probians above 80 years age on their Birthdays and Wedding Anniversary Dates. However, due to Covid we have to stop the visits temporarily. Meeting of Probian Sarada Menon who is well beyond 90 years at her house as a team is memorable. I am sure all Members would contribute to the Sunshine Fund on their Birthdays / Wedding Anniversary dates.

I thank PPP Venkatachari K who has wholeheartedly come forward to sponsor this combined issue.

WISHING YOU ALL A HEALTHY, PEACEFUL AND HAPPY TIME WITH FAMILY,

With Prayers for Covid19 wave to die down and enabling us to meet physically enjoying each other's company along with Breakfast at an early date,

I remain

With regards,  
Yours sincerely,

**Ranganathan B**

*President – Probus Club of Chennai*

## SECRETARY'S REPORT



Dear Probians,

Loving Greetings to you and your family members.

Warm Greetings to you all on the occasion of Tamil New Year (Plava) and May Day. What a wonderful Tamil new year. It is not only celebrated in our State but also in many countries of the world, viz., Sri Lanka, Mauritius, Malaysia, Singapore, Canada, etc. Mayday was chosen as the date for International Workers Day in the year 1889 and Mayday was first celebrated on May 1, 1890.

The Covid-19 Pandemic has impacted the lives of citizens. Due to continued Lockdown and the consequent stoppage of operations of Printing, we could not bring out the May Issue. This issue is being brought out as a combined May-june 21 issue. First, we are circulating the e- copy of our Probuzz News Letter. As soon as the normalcy returns, the hard copy will be printed and dispatched. The health and well-being of our Probians are of utmost importance to the Club. I appeal to Probians, to adhere to the Safety norms & Procedures for Covid19 and stay safe. We are confident that we will even cross over these hurdles in near future. In these challenging times, it is heartening that Probians have shown a

strong desire and the ability to adapt to changing circumstances. I find that a lot of Probians are attending the Monthly ZOOM Meetings of our club as we switched over to virtual Monthly Meetings via Zoom instead of Physical Breakfast Meetings.

We have conducted our April Monthly meeting via Zoom on April 24, 2021. Kalaimamani Kizhambur Sankarasubramanian, S., Editor of Kalaimagal magazine was the Guest speaker. He spoke on the topic (Ennangalum Vannangalum). More than 56 Probians participated and enjoyed it thoroughly. Lot of questions were raised after the speech and the Guest speaker answered and clarified his views.

On April 10, 2021, the EC meeting was held at the Ethiraj Kalyana Nilayam, 195/87 TTK Road, Alawarpet, Chennai. Pn Maala Venkatram and Pn Jayashree Kishore rendered the Universal Prayer in English and Tamil respectively. The President delivered the welcome address. He introduced Pn A Vijayakumar, the new Editor of our Probuzz News Letter and Pn NG John, Club's new Internal Auditor. President also pinned the "Past President" badge to PPP RT Namasivayam and the "Joint Secretary (Ch. Funds)" badge to Pn S. Chelladurai and "EC Member" badges to Pn M. Sappani Pillai and Pn B. Satyanarayanan. Secretary rendered the Vote of Thanks. After the meeting, the new ECM members gave a sumptuous Lunch to the outgoing

Dear Probus brothers and sisters,  
Greetings to all my fellow Probians.

The extended lockdown in the wake of the second wave of Covid19 has upset the normal life in many ways. Naturally, regular publication of our "Probuzz" also got affected. As our Designing and Printing agency was closed down, we could not bring out "Probuzz" issue of May 2021. Our June issue has also been delayed for the same reason. We have, therefore, combined the May 2021 and June 201 issues into a single one.

It is really heartening to note that some of our fellow Probians have sent in a few contributions for publication in "Probuzz". I seek more such contributions from others also. The Editorial Board will be only too happy to see a steady stream of articles and literary inputs pouring in from all of you.

As you are aware, Probus Club of Chennai has a website. An actively used website is often considered a good indicator of the associated organisation's vibrancy. I, therefore, request all fellow Probians to visit our website (<http://www.probusclubchennai.com/>) often and send in your feedback and suggestions on the contents. An actively used website will attract more attention to our website in the Internet World and that would in turn help us in spreading our message more effectively.

I am sure all of us are aware of the need for getting vaccinated and most of us must have already done so. But our social responsibility should not stop with that. We should strive further to get our kith and kin as well our friends and colleagues to follow our example.

With best wishes,  
EDITOR ([vijisbi@gmail.com](mailto:vijisbi@gmail.com))

ECM members and Special invitees. Kalaimamani Kizhambur Sankarasubramanian, Editor, Kalaimagal, Shri P.T.T. Rajan, Publisher of Kalaimagal and Shri A. Mohan, statutory auditor also came for the function.

The May month EC meeting was held on 8th May 2021 through Zoom meeting. Secretary rendered the Universal Prayer. The President welcomed the members in the EC meeting. He requested to Probians to submit their Personal Data to PF Sadagopan, G., Jt Secretary with additional details of the Emergency contact person and his number to facilitate bringing out the New Members Directory early. He also read the objectives of bye-laws from the Bye-law book and wanted all EC Members to be conversant with the Bye-laws. **He also appealed for the generous donation for the Covid Relief Fund of the Club.**

In the Monthly ZOOM Meeting held on Saturday, the 22nd May 2021, the Guest Speaker was Dr Nilofur Banu, MBBS, MD (Community Medicine) HOD, Preventive Health Centre, Vijaya Health Centre, Vadapalani & intensivist, SIMS Hospital, Vadapalani. Pn V Ramaraj rendered the Universal Prayer. President Pn B. Ranganathan welcomed the members. He informed that Probus Club donated about ₹10,000/- to the CM relief Fund for Covid-19, immediately after the appeal from the Tamilnadu Chief Minister and appealed all Probians to generously contribute the Probus Covid Relief Fund so that we can also take up covid relief activities like last year. President also requested all members to sponsor the Newsletter or donate for Strip advertisements in our Probuzz Newsletter. Secretary introduced the Guest Speaker, Dr Nilofur Banu. The Guest Speaker stressed the importance of vaccination for Adults & ways to Prevent Pneumonia diseases. As she had to go mid-way for attending an ICU Call from Hospital, Probian Dr V. Chockalingam added many finer points about Covid-19, Vaccination and the need for fervent adherence to SMS concepts. Ms Kanchana from Pfizer played an important role in organizing this lecture and Mr. Chandramouli handled the Powerpoint Presentation of the Guest Speaker. Names of the Probian BIRTHDAY Babies were called out by the Secretary and members wished them Happy Birthday Greetings. Secretary Proposed Vote of Thanks.

We have constituted various sub-committees to discuss and recommend the required new changes in these challenging times to the Executive committee. Further, the Bye-law committee and Scholarship revamping committees have started to discuss the details of changes needed and their recommendations are expected shortly.

Pn B Ranganathan, President along with PF G. Sadagopan, Joint Secretary and Pn S. Sukumar visited our probians PF Dr K Ramalingam, Pn S. Venkataraman and Pn R Venkatesan in their home and felicitated them on their Birthdays. The highlight is Greeting Padma Vibhushan Pn Dr Sarada Menon on her 98 birthday in her home by a team of Probians, viz., PPP Pn KV Chari, IPP PF S. Gopalakrishnan, President Pn B Ranganathan, Secretary M. Annadhurai, Jt sec PF G. Sadagopan and his brother. We got her blessings and wished her for a longer life so that we can greet her on her 100th Birthday also.

Vice President Pn C Badri had arranged a meeting on April 19, 2021, on "Senior Citizens & Cyber Security. The guest speaker Shri V Rajendran spoke very vividly on this very important topic. More than 55 members participated in the meeting. Members were immensely benefited from his lecture and discussions. Further, We conducted one Digital Literacy Zoom meeting on 15th May 2021. The Guest speaker was Sri S. N. Ravichandran, He is now M.D. of Nilgiris Chemical Stoneware P Ltd., Life Member of Cyber Society of India & Data Security Council of India, Trainer on Cyber Crimes & Economic offences for Tamilnadu & Pondicherry Police. President gave the welcome address. It was arranged by VP Pn C. Badri and he introduced the Guest speaker Shri SN Ravichandran to the members.

On April 15, 2021, our IPP PF S Gopalakrishnan's Article on "Bankers are not responsible for the items kept in the Locker" (about Bank Lockers) appeared in DINAMALAR Newspaper. Senior citizen's forum TANSECA had published our Probus new EC team's "Installation Ceremony Photo" in their magazine. An article about our Probian Geetha Viswanathan's "harrowing experience and an eye-opener" also appeared in THE HINDU, DOWNTOWN on April 24, 2021. On May 18, 2021, Pn Ervadi Rathakrishnan S, released a book called

“Ippave Kannai Kattudhe” (இப்பவே கண்ணை கட்டுதே) in a Zoom meeting organized by his friends on his 74<sup>th</sup> Birthday get-together. On May 30, 2021, our Pn NC Gnanaprakasam has released a Book called “NaghaiChuvai Naadakanghal” (நகைச்சுவை நாடகங்கள்). In addition, on the same day, Probian Kalaimamani TKS Kalaivanan released a Book called “Naadahamum Tamillsayyum (நாதமும் தமிழ் இசையும்)

I am happy to inform you that Mr A. Pranesan, retired Dy Chief engineer at TWAD has been admitted by the E.C. as a Life member with Membership No. L-226. The resignation by Pn Nagendra babu (A-389) due to his personal reasons was also accepted by the EC.

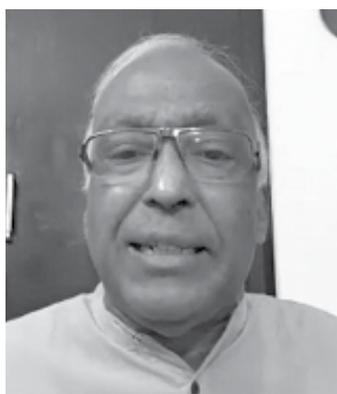
I am sad to inform you that we have lost the following Probian who attained Lotus feet of God,

viz., (i) Pn. N. Krishnan Rtn.(L-089; Dod 23.04.21); (ii) Pn K.Desikan (L-017; Dod 25.04.21); (iii) Pn Dr V K Vanajakashi (L 218; Dod 24.04.21); (iv) Pn PCP Radhakrishnan (L027; Dod 22.05.2021); & (v) Pn S.Prabhakaran (L303; Dod 22.05.2021).

I appeal to all Probian to sponsor the whole Probuzz Newsletter by donating ₹5,000/- or donate for the strip advertisement by contributing ₹800.00 for the inner page and ₹1000 for the first page or last page. Further, I request our members to send articles, Jokes, and your home events to us which will be published in our Probuzz newsletter. I would like to take this opportunity to express sincere thanks to all Probian for their continued patronage to the Newsletter and the Club.

**M. Annadhurai**  
Secretary

### MONTHLY MEETING PHOTOS



Pn Badri C, Man behind Digital Security Lectures



Sri Rajendran V, Guest Speaker 11 April 2021



Dr. Chockalingam V in Monthly Meeting 22 May 2021



Dr Nilofur Banu, Guest Speaker 22 May 2021



Pn Venkataramam felicitated on his 86th Birthday at his home



Pn Venkatesan R felicitated by Probian Team on his 83rd Birthday

## We Wish A Very Happy Birthday To All Probians having Birthdays in June & July 2021

S.No.	DOB	Name	Mem No.	S.No.	DOB	Name	Mem No.
1	30/05/44	Hariharan V.	L-087	34	19/06/31	Hariharan V.	L-014
2	01/06/56	Annadhurai M.	L-228	35	20/06/31	Ramaswamy T.S. Dr.	L-132
3	01/06/51	Pandurangan V.M.	L-237	36	22/06/52	Jagadeesan N.	L-217
4	01/06/51	John N.G.	L-249	37	24/06/48	Varadarajan R.	L-239
5	02/06/42	Chandramohan V.R. Dr.	L-172	38	24/06/48	Jyothikumar J.	L-245
6	03/06/50	Ramaraj V	L-316	39	26/06/52	Ranganathan B.	L-226
7	03/06/37	Arunajatesan S	L-199	40	28/06/51	Mohanadoss T	L-308
8	06/06/46	Rajendra Kumar Jalan	L-146	41	28/06/41	Chandrasekaran P	L-153
9	06/06/38	Govindan S.	L-012	42	29/06/47	Mohan M.	L-185
10	06/06/51	Maala Venkatram Ms.	L-240	43	01/07/37	Nagalingam D	L-306
11	07/06/49	Rajalakshmi S.	L-154	44	02/07/35	Madhava Rao A.G. Dr.	L-102
12	08/06/34	Krishnamurthi R.	L-018	45	05/07/35	Ranganathan P.V.	A-336
13	09/06/49	Ramaraju S. Er.	L-127	46	05/07/49	Krishnamurthy K.	L-105
14	09/06/36	Venkatachari K.	L-042	47	09/07/35	James A.	A-038
15	09/06/53	Suntharaam E.P.	L-238	48	09/07/37	Prasad C.S. Dr.	L-025
16	10/06/46	RajaramPandian K.	L-255	49	11/07/41	Vasanth K.N.	L-007
17	11/06/45	Subramaniayar V.N.	L-221	50	14/07/53	Geetha Subramanian Dr.	L-194-A
18	11/06/46	Natarajan S.	L-208	51	15/07/35	Subramanian V.	L-302
19	12/06/58	Panneerselvam S	L-296	52	15/07/42	Ramachandran N.	L-144
20	12/06/52	Kumar N	L-322	53	15/07/34	Ananda Krishnan P.	L-233
21	13/06/52	Ashok Galada K	L-166	54	15/07/51	Krishnamurthi N.R.	L-247
22	13/06/47	Gopinathan V	L-128	55	15/07/45	Sreenivas V.	PF 07
23	14/06/35	Gandhi R.	L-009	56	16/07/37	Gnanaraj Paul	L-104
24	14/06/33	Varadarajan S.V.	L-199A	57	18/07/59	Jayashree Kishore	L-274
25	15/06/42	Sundera Gopalan	L-241	58	19/07/37	Arunachalam M	L-073
26	15/06/34	Ranganatha Rao S.	L-031	59	22/07/40	Jayaraman N.	A-230
27	15/06/50	Natarajan S.	L-338	60	22/07/40	Mohandoss R.	L-216
28	15/06/48	Balaguru G.	L-182	61	22/07/38	Sampath S.	L-053
29	16/06/49	Badri C.	L-198-A	62	23/07/58	Santhanagopalan S	L-310
30	17/06/53	Vijayalakshmi M.R.	L-290	63	24/07/46	Sarada Nambi Arooran Mrs. Dr.	L-148
31	17/06/38	Thangiah K.	L-046	64	27/07/45	Chockalingam V. Dr.	L-161
32	17/06/44	Sakunthala Sundaram Mrs.	L-123	65	29/07/49	Sankar B.	L-263
33	18/06/49	Dhanasekaran D. Dr.	L-043	66	30/07/67	Suresh Mallya	L-295

## A Very Happy Anniversary To All Probians Who Have Wedding Anniversaries During This Period

S.No.	Wed Day	Name	Spouse Name	Mem No.
1	01/06/80	Nelson Philip	Mrs. Grace Nelson	L-122
2	01/06/64	Gandhi R.	Mrs. Vishalakshmi Gandhi	L-009
3	02/06/74	Natarajan S.	Mrs. Gomathi Natarajan	L-208
4	02/06/74	Anantharaman T.V.	Mrs. Gomathy	L-236
5	02/06/72	Rajagopalan N. Dr.	Mrs. C.R. Vijayakumari	L-150
6	02/06/67	Rao B.S. (Bandi Sambasiva)	Mrs. B. Lakshmi	L-340
7	04/06/62	Lourdusamy P.M.	Mrs. T.A. Maria Rose	A-356
8	04/06/73	Arumugam S	Mrs. A. Chandrika	L-094
9	06/06/63	Gnanaraj Paul	Mrs. G. Rathnavathy	L-104

10	06/06/64	Mohandoss R.	Mrs. Chandra	L-216
11	06/06/71	Velumani S	V. Nirmala	L-272
12	08th June	Muthuswamy Prabhakar	Rama Prabhakar	L-277
13	10/06/65	Raman K.V. Dr.	Dr. (Mrs) Saroja Raman	A-221
14	11th June	Govindan S.	Mrs. Padmavathy	L-012
15	12/06/58	Ramachandran S.	Mrs. Nirmala Ramachandran	A-087
16	12/06/76	Parthasarathy K	Mrs. Meenlosani P	L-284
17	12/06/60	Krishnan A.	Mrs. Revathi Krishnan	A-339
18	12/06/75	Thulasi G. Dr.	Mrs. Vijaya Thulasi	L-213
19	12th June	Chandrasekaran C.	Mrs. Vasantha Chandrasekaran	A-012
20	13th June	Santhanagopalan S	Mrs. S. Susila	L-310
21	13/06/83	Veeraiyan P.T.	Mrs. P. Padmapriya	L-223
22	14/06/79	Mohanadoss T	Mrs. M. Devaki	L-308
23	16/06/75	Sathyannarayanan B. Dr.	Mrs. S. Sukanya	L-033
24	16/06/71	Augustine B	Dr. Ashalatha Augustine	L-065
25	17/06/59	Ganesan S.	Mrs. S. Kalyani	L-048
26	17/06/56	Ramachandran D.N.	Mrs. Saroja Ramachandran	L-309
27	18/06/52	Madhava Rao A.G. Dr.	Mrs. N. Bhanumathy	L-102
28	18/06/64	Sampath S.	Mrs. Jayalakshmi Sampath	L-053
29	19/06/65	Ramachandran N.	Mrs. R. Lakshmi	L-144
30	21/06/81	Badri C.	Mrs. Sathyabama Badri	L-198-A
31	22/06/77	Ramachandran N.	Mrs. K.V. Maithreyie	A-317
32	22/06/55	Narayanan V.	Mrs. Saroja Narayanan	L-079
33	24/06/64	Esakie Muthammal	Pn Sivagaminathan, K.	L-275
34	24/06/64	Sivagaminathan K.	Mrs. E. Muthammal	L-151
35	24/06/65	Ramakrishnan V.	Mrs. Vijaya Ramakrishnan	A-211
36	24/06/64	Sivaraj M.S.	Mrs. S. Mangayarkarasi	L-323
37	24/06/65	George Mathew Brig.	Mrs. Vasanthi Mathew	L-250
38	26/06/74	Somasundaram M	Mrs. S. Visalakshi	L-335
39	26/06/77	Dhanasekaran D. Dr.	Mrs. Prabhavathy	L-043
40	26/06/80	Deivasigamani N.	Mrs. Geetha Deivasigamani	L-333
41	26/06/58	Sridharan G.N.	Mrs. Rajalakshmi Sridharan	L-143
42	26/06/74	Thiyagarajan P.	Mrs. Varalakshmi	L-203
43	27/06/68	Venugopal Reddy S.	Manohari G.	L-264
44	28/06/64	Vittal N.	Mrs. Gita	L-118
45	29/06/78	Natarajan S.	Suryakumari Natarajan	L-338
46	30/06/70	Pranesan A.G.	Mrs A. Bagyavathi	L-342
47	01/07/74	Ramaswami P.P. Dr.	Mrs. Nagamani Ramaswami	L-162
48	2nd July	Arunachalam M	Mrs. A. Sundari	L-073
49	03/07/68	Urmila Vaidyanathan Mrs.	Mr. Vaidyanathan, V.R.	L-211
50	03/07/68	Vaidyanathan V.R.	Mrs. Urmila Vaidyanathan	L-200A
51	03/07/77	Sankar B.	Mrs. Vijayalaxmi	L-263
52	05/07/68	Jagannadhan V	Mrs. Vijayalakshmi	L-299
53	05/07/55	Govindasamy N.	Late Mrs. G. Radha	A-350
54	07/07/71	Unnikrishnan P. Variyath	Mrs. Vimala Unnikrishnan	L-072
55	10/07/60	Ramakrishnan V.	Mrs. Brahada Ramakrishnan	L-023
56	10/07/66	Venkatachari K.	Mrs. Hemavathy	L-042
57	10/07/196-	Rajaraman R.	Vijayalakshmi R	L-231
58	13/07/56	Ramaswamy T.S. Dr.	Mrs. Lakshmi ramaswamy	L-132
59	14/07/71	Chockalingam V. Dr.	Dr. Mrs. A. Senthamarai	L-161
60	14/07/71	Senthamarai A. Dr.	Dr. V. Chockalingam	L-032
61	15/07/79	Shankar M.	Mrs. S. Seethalakshmi	L-224
62	22/07/69	Pranab K. Basu	Mrs. Sunipa Basu	L-108

LIST OF DONATION FOR MAY 2021		
<b>A.</b>	<b>COVID RELIEF FUND</b>	
1	Annadhurai M	1,001.00
2	Balachander V	2,001.00
3	Gopalakrishnan S	2,000.00
4	Jayakumar Sambandam	1,080.00
5	Namasivayam R.T.	1001.00
6	Nirmala Jagadisan CD	2,001.00
7	Pranesan A	5,000.00
8	Radhakrishnan S Dr	5,000.00
9	Rajarampandian K	1,000.00
10	Ramaswami P.P. Dr	1,000.00
11	Ranganathan B	2,000.00
12	Singaraja M Capt	585.00
13	Sreenivas V	2,000.00
13	Sridharan P	1,000.00
15	Sukumar S	1,000.00
16	Venkatachari K	1,000.00
<b>B.</b>	<b>DONATION-GENERAL</b>	
17	Unknown	1.00
<b>C.</b>	<b>PROBUZZ ANNUAL SUBSCRIPTION</b>	
18	Lakshmanan E.R.	100.00
19	Ramakrishnan R	100.00
20	Unknown	100.00
<b>GRAND TOTAL</b>		<b>28,970.00</b>

LIST OF DONATION FOR APRIL 2021		
<b>S.No.</b>	<b>Name</b>	<b>Amount</b>
<b>A.</b>	<b>Breakfast Sponsor</b>	
1	Vasantha M.C.	4,500.00
<b>B.</b>	<b>Probuzz Annual Subscription</b>	
2	Ranganathan P.V.	200.00
3	Suganthi Premkumar	100.00
<b>C.</b>	<b>Sunshine Fund</b>	
4	Hariharan V	1,001.00
<b>GRAND TOTAL</b>		<b>5,801.00</b>

**PROBUZZ REGRETS TO INFORM THE DEMISE  
OF FOLLOWING MEMBERS ON THE DATES  
MENTIONED THERE AGAINST:**

Pn SHIVAGNANOM S.V L-196  
FRIDAY 2 APRIL 2021

Pn PCP RADHA KRISHNAN L-027  
THURSDAY 8 APRIL 2021

Pn KRISHNAN N RTN. L-089  
FRIDAY 23 APRIL 2021

Pn VANAJAKSHI V.K. DR. L-218  
SATURDAY 24 APRIL 2021

Pn K DESIKAN L-017  
SUNDAY 25 APRIL 2021

Pn S.PRABHAKARAN L-303  
SATURDAY 22 MAY 2021

Pn BB BALAGURUVAIAH L-193  
TUESDAY 1 JUNE 2021

**MAY THEIR SOULS REST IN PEACE.**

New Executive Committee Team - 2021-2023			
S No	Designation	Name	E Mail ID
1	President	Pn. Ranganathan B	sbiranga@hotmail.com
2	Vice President	Pn Nirmala Thiyagarajan Dr.	rtnt2k@gmail.com
3	Vice President	Pn Ramanathan N	n_ramanathan2002@yahoo.com
4	Vice President	Pn Badri C	cothoorbadri@gmail.com
5	Secretary	Pn Annadhurai M	annadhuraimk@gmail.com
6	Jt.Secretary	PF Sadagopan G	g.sadagopan.rotary@gmail.com
7	Jt Sec CF	Pn Chelladhurai S	s.chelladurai@yahoo.com
8	Treasurer	PF Balachander V	blchndrv781@gmail.com
9	Jt. Treasurer	Pn Prabhakar M	Prabhakar170252@yahoo.com

## New Executive Committee Team - 2021-2023

1	EC Member	Pn Bhavani A Dr.	priya_clinic@yahoo.co.in,
2	EC Member	Pn Dhanasekaran D	ddh.dhanasekaran@gmail.com
3	EC Member	Pn Geetha Viswakumar	geethakalyani@hotmail.com
4	EC Member	Pn Jayashree Kishore	vittaldwarak@gmail.com
5	EC Member	Pn Lakshmi Natrajan	seganat@yahoo.co.uk
6	EC Member	Pn Maala Venkatraman	maala651@gmail.com
7	EC Member	Pn Mohanam T	mohanamt@gmail.com
8	EC Member	Pn Ramaraj V	v.ramraj50@gmail.com
9	EC Member	Pn Sankar B	sankar49b@yahoo.co.in
10	EC Member	Pn Sappani Pillai	sappanypillai@yahoo.com
11	EC Member	Pn Sathyanarayanan B	b.sathyanarayanan@gmail.com
12	EC Member	Pn Sukumar S	sukumar_50@hotmail.com
13	EC Member	Pn Venkataraman S	smouli@live.com
14	EC Member	Pn Venkoba Rao	
15	EC Member	Pn Vivekanandan R. PF	asvivekanandan@gmail.com

To be continued

## HOW TO MANAGE TIME

Compiled by **Sambandam Jayakumar**



It is very well known fact that the only thing in our hands is TIME. And so, let us use it effectively, here are few tips.

Reschedule your engagements, advancing them by half an hour. But remember to leave that time.

This will help you to be.

Punctual for any engagement without TENSION. After all, if one has value for other's time, one will not be late one secret of Tension-Free living is to manage your time comfortably.

Whenever you got up late even by half an hour, you are tensed the whole day. For a man who lives say for 60 years, it is like living 5 more years, if he gets up early by an hour every day.

Every day, start the day with planning. For that, maintain a pocket-size diary and list out the engagements for the day.

And then prioritise them. But don't be crazy to do too many things in a day. At the same time, if you are able to meet all.

Your engagements on all days by and large, you may well note that you are that you are not having enough work.

The biggest killer of time is GOSSIP. Another

equally damaging tool is TV the 'Time Virus.' added to that the latest is WhatsApp android mobile even while driving speaking with one hand safety is not thought off.

Procrastination is the thief of time. That is otherwise called the worst enemy of life. Learn to handle it effectively

First finish the duties you generally don't like, automatically you like to do without postponement, the things you like.

Also paste a big size red colour print out. "only lazy creatures postpone only fools postpone" in the bathroom, bed room etc., this works like MAGIC.

Every night before you retire spend 10mts to RETROSPECT and introspect in the order of happening during the day it will improve your time management.

While managing your time remember to allot some time to your family, more so to your children. After all the best inheritance a parent can give his children is a few minutes of his time each day.

Lastly as all know nobody is rich enough to buy back his past. There is nothing like I DON'T have time it is the busiest man who can spare time , sometimes since he knows its value.

Have a nice time and have a good sleep.

# ELDER ABUSE AND EMPOWERMENT



**Capt. Dr. M. Singaraja** (Retd)  
Past President, *Probus Club of Chennai* - MOB: +91 94456 31388

**Elder Abuse** is defined as intentional or unintentional neglect – at home, civil society, institution and state – which causes harm or distress affecting an elder’s health or safety. This may be in the form of physical, emotional, psychological, sexual or financial abuse, or maltreatment and mistreatment.

**The causes** of elder abuse may vary from **degradation** of family values leading to “Burden” and Old Age Home; **vulnerability** of senior citizens; **weakening** of Inter-Generation bond; **disconnect** between mainstream and old age; **discrimination** in all strata of life; **materialistic** life style; **lack of awareness** among youth.

**World Elder Abuse Awareness Day** (WEAAD) happens each year on June 15th. It was officially recognized by the United Nations General Assembly in its resolution 66/127, December 2011, following a request by the International Network for the Prevention of Elder Abuse (INPEA), who first established the commemoration in June 2006. It represents the one day in the year when the whole world voices its opposition to the abuse and suffering inflicted to some of our older generations. This message has to reach every nook and corner of this vast country, because “Elder Abuse” is existing in homes, communities and institutions.

**Senior Citizens Bureau** is one among the first, in India, to commemorate the observance of this day every year from 2006, in collaboration with schools and colleges at Chennai. They regularly organize competitions and cultural programmes at their campuses to sensitize them against Elder Abuse. In addition, they bring out case studies and special publications on this occasion. The Bureau, ever since its inception in 1996, has attended more than 1000 Elder requests, in order to relieve their distress, from various abuses and restore their dignity and safety.

**State’s Role.** All the four estates, the foremost being the Government, have stupendous

responsibility to eradicate elder abuse through: Advocacy, Legal aid, Counselling, Health treatment and Multi service Home care. The State has to ensure the Human Rights of Older Persons (OP) as laid down by UNO Human Rights Commission, to guarantee Availability; Accessibility and Affordability in all endeavours of the State. Government can adopt the following measures to alleviate the sufferings of older persons:

- Implement faithfully Maintenance Act 2007 and other statutory Provisions (Sec.125 of CCP, Hindu Adoption and Maintenance act 1956, National Housing Policy, People With Disabilities Act 1995, 8<sup>th</sup> Five Year Plan Proposal for National Elders Fund and National Board for senior citizens
- Establish a National Commission / State Commission for seniors
- Create a separate department for senior citizens
- Make him a party in the decision making processes
- Welcome the OP with smile and treat him with dignity
- Make mandatory for public and private utilities to treat elders on priority
- Treat him at par with all concessions extended to disabled persons
- Provide a separate enclosure with free entry for all State ceremonies / events
- Provide hand rail, Elevator, Sub way, wherever necessary
- Employ him on Honorary basis to manage and regulate whenever the State needs (e.g. Help Desks)
- Encourage elders’ self help groups and self employment schemes to make him financially independent
- Facilitate Palliative Care, Life Will and mercy killing for the brain dead

(Capt. Dr. M. Singaraja, FIE, FIV, PGDBM, MSc(Psy), PhD is the Chairman Emeritus, Senior Citizens Bureau, Chennai.)

**இணையத்தின் வழியாக இணைந்த கலைமாமணி திரு. கீழாம்பூர் சங்கர சுப்பரமணியன்**  
அவர்களின் கேள்வி – பதில் நிகழ்ச்சி 14.05.2021 அன்று நடைபெற்றது. அதில் சில அரிய செய்திகளை பதிவு செய்கிறேன்.

கேள்வி: தாங்கள் முதல் முதலில் பெற்ற பரிசு?

பதில்: நான் 8ஆவது படிக்கும் காலத்தில் மாவட்டத்தில் உள்ள அனைத்து பள்ளிகளுக்கும் அறிவியல் போட்டி நடத்தினார்கள். அறிவியல் சம்பந்தமான project செய்ய வேண்டும். என் பாடடியிடம் ₹3 கேட்டேன். பாட்டி தரவில்லை. ஆகையினால் ஒரு கண்ணாடி டம்ளரில் ஒரு சிறிய கூழாங்கல் போட்டு அதில் நிலவிலிருந்து கொண்டு வந்த கல் என்று எழுதியிருந்தேன். எல்லோரும் பார்த்து உண்மையிலேயே நிலவிலிருந்து வந்த கல் என்று ஆச்சரியத்துடன் பார்த்து சென்றனர். மேஜையில் நிலவைப் பற்றிய தகவல்கள் பலவற்றை சேகரித்து விரிவான குறிப்புகள் எழுதி வைத்திருந்தேன். அதையும் படித்து சென்றனர். எனக்கு பரிசு கிடைக்கும் என்று கொஞ்சம் கூட எதிர்பார்க்க வில்லை. எனக்கு பரிசு கொடுத்துவிட்டு இந்த சின்ன வயதில் நிலவைப் பற்றிய பல விவரங்களை தெரியவைத்தமைக்கு இந்த பரிசு என்று சொன்னார்கள். இதை கலைமாமணி நகைச்சுவையாக நான் ஏமாற்றி (நிலவிலிருந்து வந்தகல்) வாங்கிய பரிசு என்று கூறினார்.

கேள்வி: முன்னாள் ஜனாதிபதி Dr. அப்துல்கலாம் அவர்களுடன் ஏற்பட்ட நிகழ்வுகள்?

பதில்: Dr. அப்துல்கலாம் அவர்களுடன் எனக்கு தொடர்பு என்பது எனக்கு இறைவன் கொடுத்த பாக்கியம் என்று கருதுகிறேன். ஜனாதிபதி மாளிகையில் மிக ஆளுமை பெற்ற இசைக் கலைஞர்களின் நிகழ்ச்சிகள் நடக்கும். என்னை தொலைபேசியில் தொடர்பு கொண்டு நான் சிறிது வித்தியாசமாக இசை நிகழ்ச்சி நடத்த விரும்புகிறேன் என்றார். நான் அய்யா எனது யோசனையை சொல்லலாமா? என்றேன். சொல்லுங்கள் என்றார். கவிஞர் சுப்பு ஆறுமுகம் மூலம் வில்லுப்பாட்டு இசை நிகழ்ச்சி நடத்தலாம் என்றேன். மிக சிறப்பான முறையில் இசைநிகழ்ச்சி நடந்தது. கவிஞர் சுப்பு ஆறுமுகம் அவர்களுக்கு நான் சொல்லித்தான் ஏற்பாடு நடந்தது என்று கூட தெரிந்திருக்க வாய்ப்பில்லை. பின்னாளில் தான் தெரியவந்தது. அவர் மகன், மகள் என்னை பாராட்டினார்கள்.

கேள்வி: குற்றால அருவி பற்றி கூறுங்கள்?

பதில்: குற்றால அருவி வருடம் முழுவது தண்ணீர் வந்து கொண்டிருக்கும் ஜூன், ஜூலை, ஆகஸ்ட் மாதங்களில் கூட்டம் அதிகம். 365 நாட்கள் அதாவது வருடம் முழுவதும் அருவியிலிருந்து தண்ணீர் வருவதால் அங்கு எழுந்தருளியுள்ள குற்றாலநாதருக்கு வற்றாத சளி என்று சொல்வார்களாம். அதனால் தினமும் அருள்மிகு சிவபெருமானுக்கு காலையில் மிளகு கஷாயம் வைத்து நைவேத்யம் செய்வார்கள் என்றார்.

கேள்வி: பாரதியார், பாரதிதாசன் பற்றி கூறுங்கள்.

பதில்: பாரதியார் அவர்களை தன் குருவாக பாரதிதாசன் ஏற்றுக் கொண்டார். அவர் திருச்சியில் ஒரு ஹோட்டலில் தங்கியிருந்த சமயம் அவரைப் பார்க்க வந்தவர்கள் பாரதியார் அவர்களின் மனைவி மூன்று தெரு தள்ளி உள்ளார் என்று கூறினார்கள். உடனே தோளில் துண்டை போட்டுக் கொண்டு அந்த வீட்டிற்கு சென்று பாரதியார் மனைவி அவர்களைப் பார்த்தவுடன் தரையில் கீழே விழுந்து நமஸ்காரம் செய்தார். அதைப் பார்த்த பாரதியார் மனைவி அவர்கள் இன்னும் உன் முரட்டுத்தனம் போகவில்லையா? என்று அன்போடு கூறினாராம். குருவின் மனைவிக்கு பாரதிதாசன் எவ்வளவு மரியாதை வைத்திருந்தார் என்று நினைவு கூர்ந்தார்.

கேள்வி: படி படி என்று எப்போதும் படித்துக் கொண்டே இருப்பீர்கள் அது பற்றி கூறுங்கள்.

பதில்: எனக்கு சிறுவயதிலிருந்தே படிக்கும் ஆர்வம் இயற்கையாகவே வந்துள்ளது என்று நினைக்கிறேன். படி என்பதில் பல அர்த்தங்கள் உள்ளது.

படி: அளக்கும் படி (நெல், அரிசி)

படி: படிப்பது (கற்றுக்கொள்வது)

படி: கீழ்ப்படிதல் (பெரியவர்களிடம் கீழ்ப்படிதல்)

படி: கோவில்களில் படிகள்

உபரித்தகவல்: திருத்தணி முருகன் கோவில்: 365 படிகள்

சாரிமலை அய்யப்பன் கோவில் செல்ல 18 மலைகளை கடந்து செல்ல வேண்டும் அதனால் 18 படிகள் அமைத்தனர்.

ஸ்வாமிமலை 60 படிகள் தமிழ் வருடங்கள் 60 என்று சொன்னார்

படி: நல்ல புத்தங்கள் படித்து உயரலாம். இளைய தலைமுறையினர் புத்தகங்கள் படிக்கும் வழக்கத்தை நாம் எப்படியேனும் கொண்டு வரவேண்டும் என்று விரும்பினார்.

கேள்வி: பகவத் கீதை பற்றி

பதில்: கிருஷ்ணர் - ஆசிரியர், அர்ச்சுனன் - மாணவன். ஒரு ஆசிரியர் ஒரே ஒரு மாணவனுக்கு சொல்லிய பாடம் கீதா உபதேசம். ஆனால் உலகம் முழுவதும் பரவி நம் வாழ்க்கையில் நல்ல நெறிகளையும், பண்பினையும், கேடு, அதர்மம் செய்தால் வரும் விளைவுகளையும் இன்றளவும் சொல்லிக் கொடுத்துக் கொண்டிருக்கிறது. என்றார்.

**Probian S. Manoharan**

உபரிச்செய்தி: Probus Club: President Ranganathan, Former President கோபாலகிருஷ்ணன், நமச்சிவாயம் அவர்களை நினைவு கூர்ந்தார்.

**ANNOUNCEMENT**  
**PROBUS CLUB OF CHENNAI**  
**ANNUAL PUBLICATION FOR THE YEAR – 2021**

Probus Club of Chennai will be bringing out the Annual Publication to coincide with the International Day of the Elderly on 01 October 2021. We invite contributions from Probians and others. The guidelines are given below:

1. Articles in CD or Neatly typed form (in A4 Size Sheets on one side only not exceeding 4 pages in letters of font size 10) should reach **Probn. Dr. P.P. Ramaswami**, No. 3/66 , "S" Block , 19<sup>th</sup> Street, Anna Nagar, Chennai - 600 040 (Email: ppramaswami@hotmail.com) or **Probn. M. Annadurai**, A-304, A Block, UrbanTree Fantastic Apartment, Pallikuppam Road, Rajiv Nagar, Numbal, Vanagaram, Chennai-600 077 (Email: annaduraimk@gmail.com) **on or before 31 July 2021**. Original articles and CDs will not be returned on any account.
2. Articles may be edited or abridged when found suitable for publication.
3. No reason for rejection or acceptance of the contribution will be communicated to the contributors.

4. Hand-written articles and late receipts are likely to be rejected.
5. Please avoid downloading from Google or other websites.
6. Suggestions are welcome for this year's publication. Suitable attractive and appreciable colour photos depicting elders' expectations are welcome for front cover page.
7. Kindly help us to help you.
8. Contributions already published elsewhere earlier may please be avoided.
9. More than two articles from any one contributor are likely to be rejected.

We request your support and cooperation

Regards,

**Probn. Dr. P P Ramaswami**  
**Probn. M. Annadurai**

---

**The current issue of *Probuzz* Newsletter  
is sponsored by **PN PPP VENKATACHARI K (L-042)**.**

**Probn. A. Vijayakumar**  
Cell: +91 94446 07848  
*Editor*

**Probn V. Balachander**  
Cell: +91 98847 78980  
*Treasurer*

**Probn M. Annadurai**  
Cell: +91 80560 01101  
*Secretary*

**Probn B. Ranganathan**  
Cell: +91 99626 44468  
*President*

**Designed & Printed @ COMPUPRINT**

Flat C, ARISTO, No: 9, 2nd Street, Gopalapuram, Chennai 600 086.

Ph: 044 - 2811 1224 / 2811 6768 | Email: compuprint@gmail.com | Web: www.compuprint.in

**DONATE LIBERALLY TO PROBUS EDUCATION FUND**

Book Post



If undelivered, please return to

**Probn. A. Vijayakumar**

AG-98

AG Block, 2nd Street

Anna Nagar, Chennai 600 040.

Cell: +91 94446 07848 | E-mail: vijisbi@gmail

To \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_